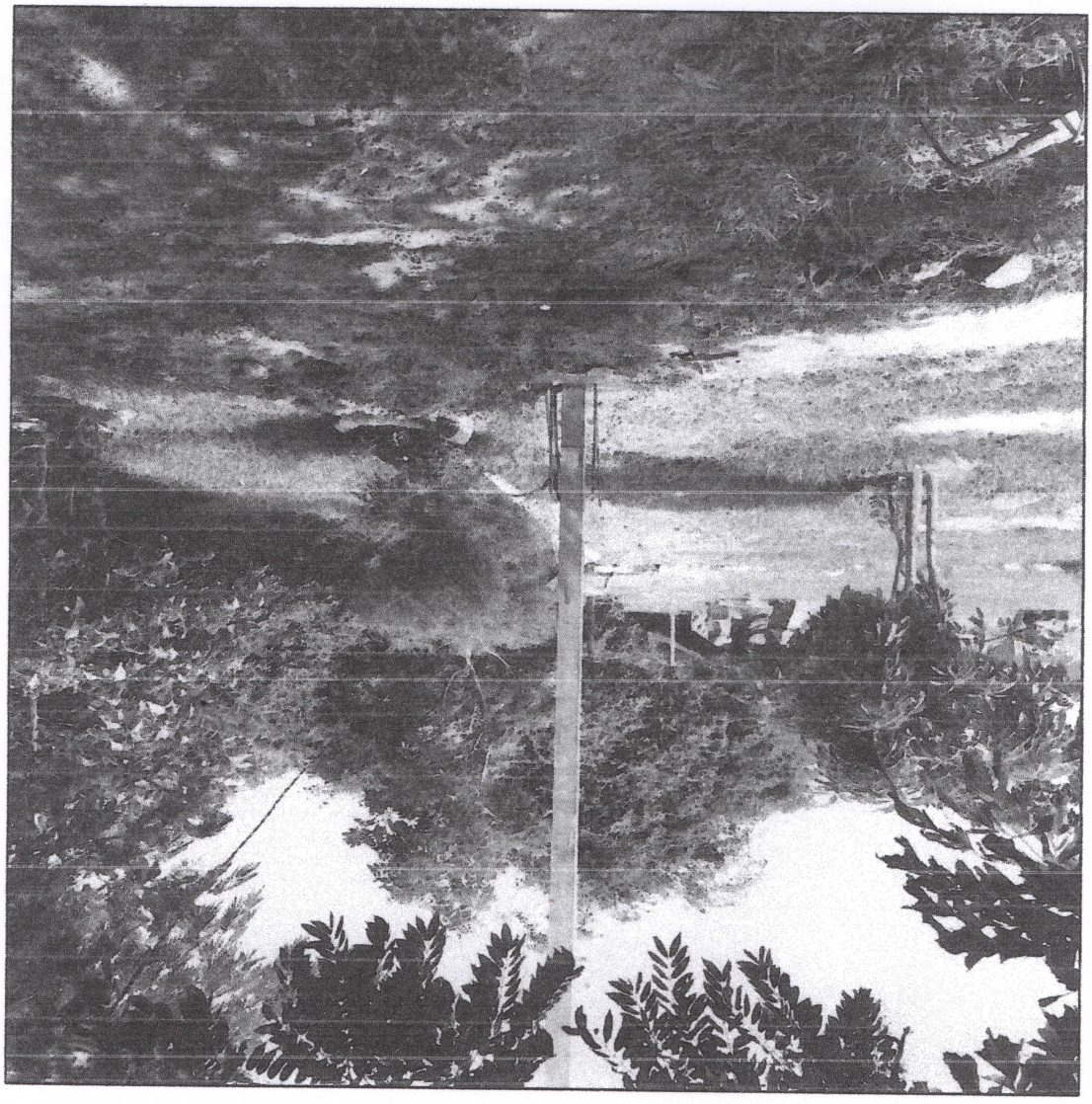七